



*Brought to you by:
The Hunt County Children's Advocacy Center*

"The world is a dangerous place, not because of those who do evil, but because of those who look on and do nothing."

- Albert Einstein

Even in Greenville?

Yes



**It
Doesn't
Hurt to
Ask....**



Bullying, Social Media, Home Life, or Mental Disorders

- BULLYING, Social Media & Home Life, & Mental Disorders can play a role in someone wanting to think about or commit suicide. Some of those things can be the following:
 - **Verbal & physical...**malicious teasing, insulting remarks, name calling, embarrassing jokes and revealing intimate information, cursing, crude and inappropriate sexual comments, threats and taunting. Hitting, tripping, kicking, pushing, and shoving.
 - **Social...**ignoring a certain person, casting them out of a group, making them feel left out, spreading rumors, telling other people not to be friends with them.
 - **Social media & Cyberbullying...**threats and inappropriate sexual comments on social media, texting, email, FB, "X" (formally Twitter), Snap Chat, Tik Tok, and Instagram. (ALL PLATFORMS). Pack Bullying...group targets one or more individuals, can be physical or emotional—usually through cyberbullying. Tends to last longer and can be more damaging. Can lead to long term depression or suicide.
 - **Home Life...**life at home could be so difficult due to divorce, violence, financial problems, feeling of a lack of love or concern from family members. And many, many other things.
 - **Mental DISORDERS...** depression, anxiety, bipolar disorder, ADHD, ADD, and many, many more. If these disorders are left undiagnosed...they can drive someone to consider, attempt, or complete suicide. If treated properly, these feelings/disorders can be managed and never cause any problems.

My Stories

Friends & Family

Place your hand over your
heart.

Feel that?

That's called PURPOSE.

You're alive for a reason.

Don't forget it.

5
THINGS

It's OK
NOT TO
BE OK!!!



**They can't rescue you
if they don't know you
need it. Ask for help
to fight another day.**



Suicide Prevention Quotes
www.geckoandfly.com



Teachers...
They CAN
be trusted
to SHARE
your hurts
and
struggles.

Teen Suicide Prevention for School Personnel

U need help...

- If you are feeling like you don't want to face another day...
- If you feel overwhelmed about everything...
- If you feel angry and you aren't sure why...
- If you feel like no one would care if you left this earth...
- If you are having trouble at home...
- If you are having trouble at school...
- If you are having trouble on Social Media...
- If you are being bullied or bullying others...
- If you feel depressed...
- If you feel something is wrong...but not sure what...

Suicide is a thief...

It steals joy.
It steals the future.
It steals dreams.
It steals love.
It steals hope.





Don't you dare
give up.

Don't you dare
give up.

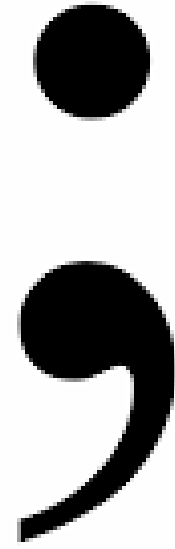
Don't you dare
give up.

**Suicide
doesn't take
away the pain,
it gives it to
someone else.**

I wish I
knew
WHY!?



Semicolons ALWAYS
Bring hope,
Hope that the
Story isn't over yet,
Hope to the ones
Who chose to fight
Instead of ending it all.



Thank You;

Suicide is a thief...

