

Continuing Ed. Connection

February 2020

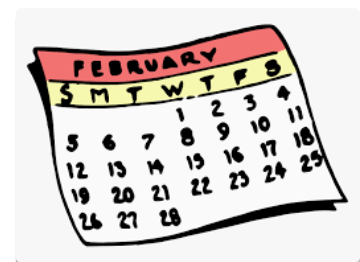


Upcoming Opportunities:

- February 3 - Curriculum Overview: Writing Strategies & Planning - How to Use STAAR Questions in Conferencing (3rd-8th grade)
- February 4 - Curriculum & Planning: 5th Grade Science
- February 10 - Curriculum Overview: Writing Strategies & Planning
- February 10 - Mandt: Campus Safety Team Training - Session 3
- February 11 - Curriculum & Planning: 5th Grade Science
- February 13 - Active Inspire
- February 17 - APEX Training
- February 24 - Curriculum Overview: Writing Strategies and Planning
- February 25 - Curriculum & Planning: 5th Grade Science
- February 27 - Beginner Google Classroom

Region X Opportunities:

February 1 - 20-hour School Bus Driver Safety Training
February 8 - 20-hour School Bus Driver Safety Training
February 8 - 8-hour School Bus Driver Re-certification Safety Training
February 8 - Literacy Authors Series *Secondary ELAR: Kelly Gallagher Author Visit*
February 15 - 20-hour School Bus Driver Safety Training
February 22 - Super Saturday Extravaganza - Effective Read Alouds
February 22 - Bilingual TExES 164 Test Prep
February 22 - Readers & Writers Workshop for Secondary ELAR
February 22 - 20-hour School Bus Driver Safety Training
February 29 - ESL TExES 154 Test Prep
February 29 - 20-hour School Bus Driver Safety Training





Mark Your Calendars!

We are excited to host one of the summer Region 10 Roadshows once again!

The Greenville Region Roadshow is scheduled for **June 30th and July 1st**. The event will be held at the CTE Center and GHS.

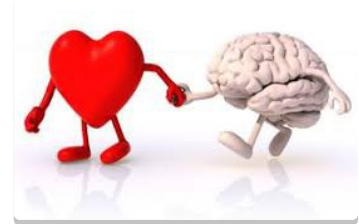
We will send out all the specifics as we receive them, but make sure you put this opportunity on your calendar now!

This is an excellent way to earn those exchange days while learning high-quality, relevant material!

February Fact: Share the Love!

What can positive words and actions do to our brains and lives?

When was the last time you made a point to let someone know that you appreciated them?



When was the last time you went out of your way to tell a student, coworker, family member, or friend that they were doing a great job?

How do you feel when someone lets you know you are appreciated?

According to studies done by Harvard Medical School, when individuals feel appreciated and know that others are grateful for them, their success and work significantly improve.

The truth is anyone can easily identify mistakes and flaws. We all have them. **Focusing on mistakes, though, does not lead to good results.** In fact, students that encounter regular reminders of their weaknesses show a decrease in productivity and motivation.

Positive reinforcement and appreciation have a very different influence on people. When a person feels that their good work, deeds, or efforts are appreciated or recognized, their brain releases oxytocin and dopamine. **Both of these natural chemicals inspire the brain and body to do their best. These chemicals have actually been linked to a sense of encouragement and motivation.**

That means that celebrating what is done right is far more effective and important than pointing out what is done wrong. Now, that does not mean that negative or inappropriate behaviors are ignored or accepted. It means that those negatives can be redirected. They do not have to be the focal point. **Instead, we can make it a point to say more about what is good and done well.**

It is science! There is an undeniable benefit from sharing appreciation, love, and kindness. It is scientifically proven that gratifying words can inspire people's minds to do better. Just think; going out of your way to tell a student or coworker, "Good job." or "I am glad you are here." could actually help them achieve their best!

Challenge yourself! During the "Month of Love," go out of your way to show appreciation for others. It is a small way to make a huge difference!


**"Appreciation can
make a day,
even change
a life.
Your willingness
to put it into
words is all that is
necessary."**


Margaret Cousins




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