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01 April 2017

From: Officer in Charge (OIC), North Texas Basic Leadership Training Camp  
To: Senior Naval Science Instructors  
Naval Science Instructors  
75uu  
Subj: NORTH TEXAS BASIC LEADERSHIP TRAINING 2017 (BLT)  
Encl: (1) Cadet Information Sheet  
(2) Cadet Data Card  
(3) Cadet Required Items Checklist  
(4) Joint Reserve Base Release Form  
(5) UIL Preparticipation Physical Evaluation  
(6) Premishap plan and ORM

1. Enclosures (1) through (5) provide information pertinent to the North Texas BLT, which will be held at NAS Fort Worth JRB, TX. Units are responsible for their own transportation to and from the camp.
2. **Quotas and dates: Ten (10) quotas are assigned to each unit.** If you cannot fill all quotas approved for your unit, let CDR Stuart know as soon as possible so the quotas may be reassigned to another unit. **Please, do not send cadets without approved quotas.**

19-23  
BLT: ~~18-22~~ June 2017

3. **Cadet Preparation.** This is a high stress, physically demanding, militarily run camp. Reveille will be at 0530 or earlier, followed by a rigorous morning PT and an action packed schedule all day long. Cadets must be prepared both mentally and physically. This is NOT a zero attrition camp. Cadets should be fully capable of completing all training in order to graduate successfully. SNSI's are responsible for arranging transportation for cadets sent home from BLT. One instructor from each unit is required to be in attendance at BLT throughout the course of the week. Also, an SNSI or NSI is required to be in attendance at every event throughout the week. This is not negotiable. If an instructor cannot be present for the duration of the camp, please do not bring cadets to the camp for other instructors to baby sit.
4. **Sea bag Requirements.** Cadets must arrive at camp with a proper sea bag (encl. 3a and 3b lists required items). It is imperative that the SNSI / NSI hold a sea bag inspection on each cadet prior to departing for the camp. In particular, cadets should not have soiled or stained uniforms or poor quality running shoes. Female cadets must have adequate feminine hygiene products and proper sports bras. Do not set the cadets up to fail.
5. The SNSI or NSI must have the following forms on file with the camp:
  - 1) Cadet Data Card (encl. 2)
  - 2) Standard Release Form (CNET Gen 5800/4 series)
  - 3) CNET Health Risk Screening Form (CNET Form 1533/106)
  - 4) Joint Reserve Base Release Form
  - 5) Physical Participation Evaluation (UIL or local form)

a. All other forms deemed necessary by the SNSI/NSI can and should be brought to camp. **Cadets without required forms will not be allowed to begin training.** Ensure all data and signatures are legibly provided. The most common discrepancies are failure to provide the date of the last physical exam on the Health Screening Form (**physicals must be dated no earlier than 22 June 2016, one year prior to the camp.**)

b. **Asthma and Diabetes.** Cadets with an Asthmatic condition (answer yes on #8 on the Health Risk Screening Form) or are insulin dependent diabetic are **NOT** eligible to attend BLT. Please do not risk their lives by bringing them because “they are a great Cadet in your unit back home.”

c. This is a chance to send GA’s as well. Graduate Assistants will be assigned to Platoons upon arrival. We will need a minimum of six for BLT and four for LA.

a. Please bring or email all required forms (listed in paragraph 5 (items 2-5)) with you to BLT. It is easiest to just bring the entire cadet personnel record folder. Keep these records with the SNSI or NSI, whichever is an instructor at BLT. Send an advance digital copy of the cadet data card (via e-mail) to [stuartb@lisd.net](mailto:stuartb@lisd.net).

d. Send Unit or school check for \$125.00 per cadet and a **\$50.00 administrative fee per school**, to arrive **NLT 10 June** at the following address:

LaVega HS, NJROTC Unit  
555 North Loop 340  
Waco, TX 76705  
Attn.: CDR J. Gompper

c. Checks should be made out to **North Texas BLT**, and should be written on the school account or booster club account vice individual parent accounts. If your check does not arrive by 10 June 2017, your quotas may be reassigned. **There will be NO refund to cadets who have been granted an approved quota and have paid their \$125, which fail to attend BLT or do not complete and graduate BLT.**

<signed>

B. G. Stuart  
Commander  
United States Navy (Ret.)

### Information for Cadets

1. The cost of BLT is \$125.00 per cadet. This includes meals, berthing and administrative costs (medals, certificates, etc.). The SNSI/NSI must bring a copy of the following to BLT:

- a. Cadet Data Card
- b. Standard Release Form
- c. Health Risk Screening Form
- d. Joint Release Base Release Form
- e. Physical Participation Evaluation (UIL or local form)

It is each cadet's responsibility to ensure that each of these forms are complete, correct, and current. Your instructor will have these form with them at the camp.

2. Dates and times of arrival are listed below. **Cadets will arrive in PT gear.**

- a. BLT: 19 June, Arrive 1300 at the Navy Operation Support Center (NOSC), and depart approximately 1130, 23 June.
- b. Parents/relatives/friends are invited to attend Graduation Ceremonies, which will begin at approximately 1000 on Friday morning. After arriving on NAS Fort Worth JRB, continue down the main road until you arrive at the Navy Exchange. Immediately to your left, you will see the Base Theater where graduation will be held. Park only in designated areas.

3. BLT is designed for cadets who are outstanding cadets finishing their first or second year of Naval Science and who will go back to their unit as the foundation for a future leader development program.

4. Cadets must arrive with proper military grooming. Earrings, necklaces, dyed-hair, non-regulation haircuts will not be tolerated. Cadets needing haircuts will be escorted to a military barber by their instructor for an immediate boot camp-type haircut at cadet expense or will not be allowed to attend training.

5. Cadets nominated to attend summer training must be highly motivated. Reveille will be at 0530 daily or earlier, followed by vigorous PT before breakfast. The entire day will be packed with structured activities.

6. Transportation to and from camp must be coordinated through the SNSI/NSI at each school.

7. In order to graduate each cadet must successfully complete/pass all phases (Academics, Drill, PT, etc.) of training.

8. Those Cadets with medical or other serious (attitude) problems will be sent home at the unit's expense and SNSI/NSI responsibility.

# CADET DATA CARD

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
Last, First MI Sex Age DOB

School: \_\_\_\_\_ School Phone: \_\_\_\_\_

SNSI: \_\_\_\_\_ SNSI Cell Phone: \_\_\_\_\_

NSI: \_\_\_\_\_ NSI Cell Phone: \_\_\_\_\_

\_\_\_\_\_/\_\_\_\_\_  
24 Hour Emergency Contact Relationship

Daytime Phone: \_\_\_\_\_ Night time Phone \_\_\_\_\_

Medical Alerts: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

For the Parents/Guardians: THIS IS A RIGOROUS TRAINING PROGRAM, WHICH INCLUDES RUNNING, CALESTHENICS AND DRILL. TO MY KNOWLEDGE, THIS CADET HAS NO PHYSICAL PROBLEMS, WHICH WILL PRECLUDE HIM/HER FROM COMPLETING THIS PROGRAM.

\_\_\_\_\_  
PARENT/GUARDIAN SIGNATURE

## REQUIRED ITEMS FOR NJROTC BASIC LEADERSHIP TRAINING (MALE)

- |                                       |  |
|---------------------------------------|--|
| _____ 1 Brass Belt Buckle             | _____ 1 bar of soap                      |
| _____ 1 Antiperspirant                | _____ 1 Sun Screen (spf-15/higher)       |
| _____ 1 Summer khaki shirt            | _____ 1 Comb and hair dressing           |
| _____ 1 Summer Blue trousers          | _____ 1 Toothbrush and paste             |
| _____ 1 Black belt                    | _____ 1 Razor and cream                  |
| _____ 1 Black Garrison Cap            | _____ 1 fingernail clipper               |
| _____ 1 Set of Ribbons                | _____ 1 Rank/Rate Device                 |
| _____ 1 pair black socks              | _____ 1 pair shower shoes                |
| _____ 1 pair regulation black shoes   | _____ 1 NJROTC bar (J-Bar)               |
| _____ 1 laundry bag                   | _____ 2 Bath towels                      |
| _____ 1 small fouled anchor           | _____ 1 Hanging Clothes bag (zippered)   |
| _____ 1 Name Tag                      | _____ 1 swim short                       |
| _____ 1 pair running shoes            | _____ 1 mechanical pencil with lead      |
| _____ 5 pair under-shorts (no boxers) | _____ 1 ruler, 12 inch                   |
| _____ 2 white round-neck t-shirts     | _____ 2 Gold PT T-shirts (Navy issue)    |
| _____ 5 white athletic socks          | _____ 2 unit PT shorts (Navy issue)      |
| _____ 1 cadet field manual            | _____ 1 Navy issue Khaki NJROTC ball cap |
| _____ 1 Sport style Water Bottle      | _____ 1 Shoeshine kit                    |
- \_\_\_\_\_ Medication, LABELED, to be turned in for dispensing.
- \_\_\_\_\_ Personal Spending Money, not to exceed \$30.00.
- \_\_\_\_\_ Regulation Haircut/shave

**REQUIRED ITEMS FOR NJROTC BASIC LEADERSHIP TRAINING (FEMALE)**

- |  |   |
|--|---|
| _____ 1 bar of soap  | _____ 1 Antiperspirant                    |
| _____ 1 Sun Screen (spf-15/higher)                             | _____ Female hygiene products as required |
| _____ 1 Summer khaki overblouse                                | _____ 1 Comb and hair dressing            |
| _____ 1 Summer Blue trousers                                   | _____ 1 Toothbrush and paste              |
| _____ 1 Black Garrison Cap                                     | _____ 1 fingernail clipper                |
| _____ 1 Set of Ribbons   | _____ 1 Rank/Rate Device                  |
| _____ 1 pair black socks                                       | _____ 1 pair shower shoes                 |
| _____ 1 pair regulation black shoes                            | _____ 1 laundry bag                       |
| _____ 1 NJROTC bar (J-Bar)                                     | _____ 1 small fouled anchor               |
| _____ 2 Bath towels  | _____ 1 Name Tag                          |
| _____ 1 swimsuit (ONE PIECE)                                   | _____ 2 sports bras for PT                |
| _____ 1 pair running shoes                                     | _____ 1 mechanical pencil with lead       |
| _____ 5 pair under-panties                                     | _____ 1 ruler, 12 inch                    |
| _____ 2 white round-neck t-shirts                              | _____ 5 white athletic socks              |
| _____ 2 PT T-shirts (Navy issue)                               | _____ 2 bras                              |
| _____ 1 cadet field manual                                     | _____ 2 unit PT shorts (Navy issue)       |
| _____ 1 Navy issue Khaki NJROTC ball cap                       | _____ 1 Sports Style Water Bottle         |
| _____ 1 Shoeshine kit (polish, toothbrush, rag, sole dressing) |   |

- \_\_\_\_\_ Medication, LABELED, to be turned in for dispensing.  
\_\_\_\_\_ Personal Spending Money, not to exceed \$30.00.  
\_\_\_\_\_ Regulation Hair style (no colors or dyes)

**CERTIFICATE OF UNDERSTANDING AND RELEASE**

I understand that the facilities at the Joint Reserve Base Fort Worth, Texas contain a number of hazards, which could result in personal injury through misuse or accident. These include water, noise hazards resulting from firing the machine gun simulator, ground hazards, including the possibilities of falling from heights or tripping over obstacles and other hazards, which could cause injury from misadventure.

Furthermore, for the sole consideration of the use of the aforementioned facilities and without any other representation, promise, or agreement, written or oral, I hereby release and discharge the United States, the United States Navy, the United States Air Force, the United States Marine Corps and its employees, including individual liabilities, and any and all other parties in interest from all claims, demands, grievances and causes of action of every kind whatsoever and including but without limitation of the foregoing, all liability for damages of every kind, nature and description which may hereafter arise from or out of injuries and damages received by me at Joint Reserve Base, Texas, on or about the 19-23 of June 2016. This release shall be binding on my Heirs, Executors, Administrators and Representatives.

I HAVE READ AND UNDERSTAND THIS CERTIFICATION AND RELEASE.

\_\_\_\_\_  
Printed Name of Participating Cadet

\_\_\_\_\_  
Cadet's Signature

\_\_\_\_\_  
Signature of Parent/Guardian

Witness: \_\_\_\_\_

**(WITNESSES MUST BE OVER  
18 YEARS OF AGE.)**

Witness: \_\_\_\_\_





**NORTH TEXAS BLT AND LEADERSHIP ACADEMY**  
**PRE=MISHAP PLAN AND ORM**

S/NSI GENERAL INSTRUCTIONS

**A. General**

1. All instructors, duty officers and chaperones are to be thoroughly familiar with this plan.
2. A copy of this plan is to be immediately accessible in all barracks and operational buildings occupied by NJROTC cadets.
3. The instructor in charge during any activity involving cadets will be familiar with this plan and have a copy of this plan within easy access.
4. Any time a cadet experiences apprehension concerning their personal safety, or the safety of others, an immediate "Training Time Out (TTO) shall be called.
5. Senior Naval Science Instructors/Naval Science Instructors (S/NSIs) are responsible for maintaining situational awareness and shall remain alert to signs of cadet panic, fear, extreme exhaustion, dehydration or lack of confidence that may impair safe completion of the training, and shall immediately cease training when the S/NSI considers this action appropriate. It is always appropriate to err on the side of caution.
6. All S/NSIs and chaperones will know the location and telephone number of all Medical, fire department, police/security, and other emergency response teams in order to obtain immediate response to mishaps.
7. In-house first aid assets (first aid kits, CPR qualified personnel, etc.) will be identified and located by all S/NSIs and chaperones.
8. First response mechanical devices such as electrical isolation switches, fire extinguishers, and other equipment will be located and identified by all S/NSIs and chaperones.
9. Notification lists of chain of command interest levels and persons or offices to be contacted in an emergency will be posted in the cadet barracks.
10. All cadets are to be in their rooms and in bed after taps. Under no circumstances are any cadets to engage in any activity other than the standard assigned watch without the permission of the S/NSI, CDO, or the Officer-In-Charge.

**B. S/NSI SAFETY INSTRUCTIONS**

Note: All S/NSIs will ensure that all activities are carried out in accordance with the most recent version of NSTC M-5761 - NJROTC Regulations for Citizenship Development and School Instructions.

1. Be aware at all times of the training schedule and the whereabouts of all cadets and instructors assigned.
2. Make inspections as deemed necessary to insure that satisfactory safety conditions exist.
3. Make periodic checks to see that supervisory personnel are on hand in cadet's areas when appropriate.

4. Insure that all pertinent information having to do with safety, illness, or injury is entered in the duty log.
5. The S/NSI will make all necessary reports and summaries, as required, to the Area TEN Manager
6. If in doubt about any existing condition or activity that may affect the safety or well being of cadets, take appropriate action to remedy the situation, notify the the camp Commanding Officer and make the proper entry in the duty log to record the incident/situation.

#### C. CADET INJURY PROCEDURES

- Any cadet injury, no matter how slight, must receive immediate attention.
- All cadets must be given strict orders to report any injury promptly.

Note: The following steps are to be taken in the event of an injury: The CDO or instructor will make the determination of the steps to be taken. In the event it is determined that the cadet requires additional medical treatment or care, the following steps will be implemented:

1. If the injury is major, i.e., broken bone, head injury, heavy bleeding, or shock, render first aid to preserve life and immediately call an ambulance at 911 for assistance and notify the NAS Fort Worth JRB CDO or Security Department.
2. If the extent of the injury cannot be determined, take no chances, call an ambulance.
3. If the injury seems to be minor, the instructor will treat the cadet. Minor medical conditions such as blisters and or stomach upset will be entered in the duty log. However, in cases requiring attention other than what the instructor can provide, the S/NSI will inform the closest military-medical clinic and the cadet's parents or guardians.
4. Minor injuries may be treated with the first aid kit carried by an instructor on all activities. This includes minor scratches, cuts, scrapes, abrasions, burns, and splinters, which normally do not require further medical care.

**REPEAT: ALL INJURIES TO CADETS MUST BE REPORTED AS SOON AS POSSIBLE TO THE CAMP COMMANDING OFFICER AND THE AREA TEN MANAGER AFTER ALL POSSIBLE IMMEDIATE CARE IS GIVEN TO THE CADET.**

**PARENTS OF THE INJURED CADET WILL BE INFORMED BY THE S/NSI OR THE CAMP COMMANDING OFFICER AT THE EARLIEST OPPORTUNITY.**

#### D. FIRE EMERGENCIES

1. Ensure there are emergency fire extinguishers in each building. All S/NSIs, chaperones and cadet participants will be briefed on their location upon occupation of the building. S/NSIs will brief chaperones and cadets on the locations of building fire alarms.
2. In case of a fire emergency, follow the posted fire evacuation plan for the barracks area. Call 911 and NAS Fort Worth JRB Security Department.
3. All cadets must be evacuated before attempting any fire fighting.

## E. CADET ILLNESS

- If a cadet becomes ill the following steps are to be taken:
  1. Determine if the illness is life threatening. If so, call 911 for immediate medical service.
  2. Inform medical of your exact location and have cadets stationed to intercept and guide the ambulance to the location of the ill cadet.
  3. After calling for an ambulance, immediately inform the Camp Commanding Officer, and the base OOD of the situation, cadet name(s), his/her condition, what medical help has been called for, etc...
  4. If it is determined that the illness is not life threatening, inform the camp Commanding Officer, and ask for a determination as to what further medical treatment will be made or if the cadet is to be sent home.
  5. We are not medical doctors and are not qualified to decide if a cadet is or is not truly ill. Therefore, at no time will the S/NSI attempt to diagnose an illness and/or prescribe medication, or try to talk a cadet out of being ill, or decide that the cadet is malingering.  
**Whenever a cadet says he/she is ill, training will be terminated immediately and appropriate actions for the situation will be taken.**

**Note: IN EITHER LIFE-THREATENING OR NON-LIFE THREATENING CASES, PARENTS WILL BE INFORMED AS SOON AS POSSIBLE OF THE STEPS WE ARE TAKING FOR THE WELFARE OF THEIR CHILD AND ASK FOR THEIR INPUT.**

### **Contact Points for Emergencies**

NAS Fort Worth JRB Duty Office	817-782-5546
NAS Fort Worth JRB Security Department	817-782-3838
NAS Fort Worth JRB Fire Department	817-782-6331/6332
BQ Front Desk	817-782-5392
Branch Health Clinic – Medical	817-782-5900
Branch Health Clinic – Dental	817-782-5905

**NJROTC Safety Report**

NJROTC UNIT: \_\_\_\_\_

UIC: \_\_\_\_\_

Cadet Name: \_\_\_\_\_

Location/Description of Occurrence:

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Description of Medical Treatment Provided:

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Action Taken to Prevent Recurrence:

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